

Nature and Health Events

Does your local area have plenty of fantastic green space projects but not enough links with health teams to encourage greater participation? Would you like your local health priorities met through use of accessible green space projects?

The Centre for Sustainable Healthcare has designed a workshop to help nature-based projects know how to initiate and sustain partnerships with healthcare organisations to respond effectively to local public health needs. We have run a number of successful workshops throughout the UK.

The format for the day includes discussing the health priorities of the local area, the evidence base for green space projects and how to measure health outcomes. The afternoon session involves presentations from local healthcare organisations discussing their innovative green space projects and a dragon's den exercise where green space projects present their ideas to healthcare professionals who then judge which one would be the most successful project in meeting key health priorities!

We can offer:

- Coordinating key speakers and delegates for the event
- Comprehensive and thorough review of health priorities
- Designing the agenda and running the workshop

The Centre for Sustainable Healthcare in conjunction with the Ecosystems Knowledge Network and Cambridgeshire Nature Partnership ran a really successful workshop in July 2015, bringing together healthcare professionals in Cambridgeshire and leaders of green space projects. Over 45 people attended from Cambridgeshire and the surrounding areas with representatives from Public Health, Clinical Commissioning Groups and Nature Charities such as the RSPB and Wildlife Trusts.



“As a result of the Nature and Health workshop, a “Naturally Healthy Working Group” has been set up to take forward the development of a project that demonstrates the benefits of the natural environment for providing a cost-effective ‘natural service’ for the prevention and treatment of people with physical/mental health conditions,” Phil Clarke, Community Green Spaces Manager, Cambridgeshire County Council.

For more information and if you would like to run a similar workshop in your area please contact info@sustainablehealthcare.org.uk

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