



## Leadership skills for sustainability and health

Tuesday 12<sup>th</sup> February 2019, 9:30am -5pm

Lift Islington, 45 White Lion Street, London, N1 9PW

**Register at:** <https://www.eventbrite.co.uk/e/csh-sustainability-school-2019-tickets-53432575271>

FPH accreditation for this course has been applied for.

### Introduction

*“The Faculty of Public Health believes that sustainability and carbon reduction are fundamental to all core competency areas of the curriculum statement and are essential to ensure continuing improvement of quality public services” (PHSTC 2015)*

Human health is inextricably linked to the health of the earth’s natural systems, which determine the air we breathe, the food we can grow, the spread of disease and much more. Currently, many natural systems are being disrupted on both a local and a global scale as a result of human activities – including healthcare delivery. This complex set of relationships is sometimes referred to as ‘planetary health’ and is increasingly recognised as a critical perspective in health improvement and protection.

The Public Health Specialty Training Curriculum (2015) reflects the central importance of sustainable development to health and the role of public health professionals in driving change, requiring trainees to *“demonstrate leadership in environmental sustainability with a focus on the links to health and climate change”*.

This interactive one-day course will help public health and other health professionals and trainees to develop leadership skills for environmental sustainability within and outside the health and care sector.

Drawing on real-life examples, the course will explore in-depth how health professionals can work with partners to incorporate environmental sustainability into public health programmes, healthcare facilities management and clinical care pathways. Intensive, small-group exercises will develop confidence and provide the opportunity to hone advocacy, partnership working and strategy development skills.

Participants will receive a reading list tailored to issues raised in advance by the group, and support in applying concepts to their own context. Before the course, participants will be expected to select a proposal on which to work on the day.

### Course objectives:

- To describe the principles of sustainable development and the health impacts of climate change mitigation and adaptation;
- To develop advocacy skills for incorporating environmental sustainability into health improvement strategies;
- To identify effective case studies of integrating sustainable practices into clinical care and facilities management;
- To design health and sustainability partnership working plans with health and care sector stakeholders;
- To develop an approach for incorporating environmental sustainability into any health-related proposal and apply this to at least one real piece of work.

### Who should attend?

Public health professionals, public health trainees, clinicians with an interest in public health

### Course fees:

£300 + VAT

Reduced rate for attendance at this course and Sustainability in Quality Improvement course on the following day: £500

### Size of group:

Up to 20 people

### Online registration

<https://www.eventbrite.co.uk/e/csh-sustainability-school-2019-tickets-53432575271>

### CPD accreditation

Faculty of Public Health (FPH) accreditation for this course has been applied for.

## Programme

- 0930 Registration/tea and coffee
- 0945 Presentation: Overview of sustainability and health, and the impact of climate change policies.  
Leadership, partnerships and support networks  
Rachel Stancliffe, Director, Centre for Sustainable Healthcare (CSH)
- 1030 Q&A
- 1045 Exercise: Communicating persuasively on sustainability and health  
Dr. Olivia Bush, Clinical Programme Lead, CSH
- 1130 Break
- 1145 The role of sustainability in health improvement and public health: how can we embed sustainability into health improvement in practice, trade-offs and win-wins  
James Smith, Consultant in Public Health
- 1215 Interactive exercise: identifying and advocating for the co-benefits for health and well-being from incorporating sustainability into health improvement proposals
- 1300 Lunch
- 1345 Introducing the Principles of Sustainable Healthcare and how these may be applied to a clinical care pathway  
Dr. Frances Mortimer, Medical Director and Ingeborg Steinbach, Project Manager, CSH
- 1430 Interactive exercise: working in partnership to enhance the sustainability of care
- 1515 Innovation in practice: how to make change happen  
Rachel Stancliffe
- 1545 Break
- 1600 Interactive exercise (in pairs): creating change in your own context
- 1645 Round-up/Summary of day
- 1700 Close

## The Centre for Sustainable Healthcare

An independent charity, CSH has been leading efforts to incorporate the values of environmental sustainability into the health sector since its establishment in 2008. It has a particular focus on engaging clinicians, promoting the concept of ‘sustainable clinical practice’<sup>\*</sup>, based on four principles:

1. Prevention - promoting health by tackling the causes of illnesses and inequalities
2. Patient self-care - empowering patients to take a greater role in managing their health
3. Lean service delivery - streamlining care systems to minimise wasteful activities
4. Low carbon alternatives – prioritising treatments & technologies with a lower environmental impact

The Centre’s pioneering Sustainable Specialties programme fosters change within existing clinical communities, supported by research into the carbon footprint of alternative technologies and models of care. The specialty-led approach is complemented by tools designed to empower clinicians, including [SAP](#) (Sustainable Action Planning for clinical teams), online clinical [Networks](#) and the Green Ward Competition.

CSH hosts the Sustainable Healthcare Education (SHE) network, which supports the integration of sustainability into health professional education. In 2012-13, the SHE network coordinated a national consultation on [priority learning outcomes for sustainability](#) which informed the revision of (and are referenced from) the General Medical Council’s “Outcomes for graduates 2018”. CSH runs sustainability scholarship and fellowship programmes for practising clinicians and provides sustainable healthcare training in a range of formats.

CSH has pioneered the integration of sustainability into quality improvement and has developed the “SusQI” framework<sup>†‡</sup> for integrating sustainability into quality improvement methodology. It has been at the forefront of developing training and supporting sustainable QI projects.

*"The Centre for Sustainable Healthcare supports clinicians to take a leading role in galvanising co-ordinated, systematic and evidence based action for sustainable healthcare.*

*Their sustainable specialties programmes and their work in medical education are excellent examples of what clinicians need to help them take exemplary action for tomorrow whilst continuing to deliver high quality care for today."*

Dr David Pencheon, Director, NHS Sustainable Development Unit 2008-18

For further information, please contact [info@sustainablehealthcare.org.uk](mailto:info@sustainablehealthcare.org.uk)

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<sup>\*</sup> Mortimer, F. The Sustainable Physician. Clinical Medicine (2010), Vol 10, No 2: 110-11

<sup>†</sup> Sustainability in quality improvement: redefining value. Mortimer F et al. Future Healthcare Journal, 2018 Vol.5(2):88-93

<sup>‡</sup> Sustainability in quality improvement: measuring impact. Mortimer F et al. Future Healthcare Journal, 2018 Vol.5(2):94-97